

Ends Policies

E 1.0 Te Waka Whaiora o Ngāti Mea exists so that members of Ngāti Mea with mental health challenges, substance abuse problems and developmental disabilities function at their highest potential in an accepting whānau, hapū and iwi context, to an extent that justifies the expenditure of available funds.

2.A The highest priority, where the total need must be met, is that tāngata whaiora in life-disrupting crises resume functioning at their pre-crisis equilibrium.

2.A.1 Tāngata whaiora learn methods of coping with the challenges that cause crises.

2.A.1.a. Tāngata whaiora learn to manage their addictions.

2.A.1.b. Tāngata whaiora are aware of the consequences of inappropriate use of prescription medication.

2.A.2 Whānau affected by crises are able to function and make decisions in their collective interests as well as in the interests of tāngata whaiora.

2.B Sharing the second priority, chronically-affected tāngata whaiora learn what they need to know to cope with their condition and lead lives that are active and fulfilling.

2.B.1 Skills in activities of daily living and social skills allow tāngata whaiora to participate to the level of their ability.

2.B.1.a. Tāngata whaiora have jobs or an alternative way of productively using their time.

2.B.2 Whānau are able to discern the needs of their members for support.

2.C Sharing the second priority, tāngata whaiora experiencing transitional mental health issues gain the understanding and skill they need to resolve problems and maintain functioning.

2.C.1 Tāngata whaiora learn to solve interpersonal problems without violence.

2.C.2 Mātua and tīpuna learn to raise and discipline their tamariki and mokopuna constructively.

2.D The third priority is that Ngāti Mea are understanding of the problems associated with substance abuse, developmental disabilities and disruptions to mental health.

2.D.1 Tāngata whaiora with mental health challenges or developmental disabilities are welcomed on the marae and at schools, churches, sports clubs and other places where Ngāti Mea gather.